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WHAT IS CLAIMED IS:

1. A vibration element for a vibration wave driving apparatus, comprising:

a first elastic member;

a second elastic member;

an electro-mechanical energy conversion element that is disposed between the first elastic member and the second elastic member; and

a third elastic member that is disposed between the first elastic member and the electro-mechanical energy conversion element and has a large diameter than that of the electro-mechanical energy conversion element,

wherein when a driving signal is applied to the electro-mechanical energy conversion element, a first travelling wave is excited at a frictional surface of the third elastic member by bending vibrations which are displaced in a direction orthogonal to axial direction of the vibration element and a second travelling wave is also excited at the frictional surface by out-of-plane bending vibrations of the third elastic member.

2. A vibration element according to claim 1, wherein the driving signal applied to the electromechanical energy conversion element is used for exciting the bending vibrations which are displaced in

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a direction orthgonal to axial direction of the vibration element.

- 3. A vibration element for a vibration wave driving apparatus, comprising:
 - a first elastic member;
 - a second elastic member;

an electro-mechanical energy conversion element that is disposed between the first elastic member and the second elastic member; and

a third elastic member that is disposed between the first elastic member and the second elastic member and has a larger outer diameter than that of the electro-mechanical energy conversion element,

wherein the third elastic member is disposed in a position that does not allow a center portion of the third elastic member in an axial direction of the vibration element to coincide with a center of an antinode of a bending vibrations which are displaced in a direction orthogonal to the axial direction.

- 4. A vibration element for a vibration wave driving apparatus, comprising:
 - a first elastic member;
- a second elastic member;

an electro-mechanical energy conversion element that is disposed between the first elastic member and

the second elastic member; and

a third elastic member that is disposed between the first elastic member and the second elastic member, in which an out-of-plane bending vibration in a plane orthogonal to an axial direction of the first elastic member and the second elastic member is excited by a bending vibrations which are displaced in a direction orthogonal to the axial direction.

- 5. A vibration element according to claim 1, wherein the first elastic member and the third elastic member are formed integrally.
- 6. A vibration element according to claim 3,
 wherein the first elastic member and the third elastic
 member are formed integrally.
- 7. A vibration element according to claim 4, wherein the first elastic member and the third elastic member are formed integrally.
 - 8. A vibration wave driving apparatus, comprising:

a vibration element including a third elastic

member and an electro-mechanical energy conversion

element that are disposed between a first elastic

member and a second elastic member; and

a rotor that is brought into contact with a frictional surface of the third elastic member,

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wherein when a driving signal is applied to the electro-mechanical energy conversion element, the vibration element excites a first travelling wave at the frictional surface by a bending vibrations which are displaced in a direction orthogonal to an axial direction of the vibration element and a second travelling wave at the frictional surface by an out-of-plane bending vibrations of the third elastic member, and a circular or an elliptical movements is produced at the frictional surface by a vibration wave as a composite of the first travelling wave and the second travelling wave.

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- 9. A vibration element according to claim 8, wherein the driving signal applied to the electromechanical energy conversion element is used for exciting the bending vibrations which are displaced in a direction orthogonal to axial direction of the vibration element.
- 10. A vibration wave driving apparatus,
 comprising:
- a vibration element including an electromechanical energy conversion element and a third
 elastic member that are disposed between a first

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elastic member and a second elastic member, the third elastic member having a frictional surface and a larger outer diameter than that of the electro-mechanical energy conversion element; and

a rotor that is brought into contact with the frictional surface of the vibration element,

wherein the vibration element excites a bending vibrations which are displaced in a direction orthogonal to an axial direction of the first elastic member and the second elastic member through application of a driving signal to the electromechanical energy conversion element, and

a center of an anti-node of the bending vibration does not coincide with a center portion of the third elastic member in an axial direction of the vibration element.

11. A vibration wave driving apparatus, comprising:

a vibration element including an electromechanical energy conversion element and a third
elastic member that are disposed between a first
elastic member and a second elastic member; and

a rotor that is brought into contact with a frictional surface of the vibration element,

wherein the vibration element excites an out-ofplane bending vibration in a plane orthogonal to an axial direction of the vibration element in the third elastic member by a bending vibrations which are displaced in a direction orthogonal to the axial direction.

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12. A vibration wave driving apparatus, comprising:

a vibration element including:

an electro-mechanical energy conversion element;

a third elastic member that extends in a direction

orthogonal to an axial direction of the vibration wave

driving apparatus and has a frietional surface on its

outer peripheral side with respect to the electro
mechanical energy conversion element;

a first elastic member that extends in the axial direction of the vibration wave driving apparatus from a surface having the frictional surface of the third elastic member;

a second elastic member; and

a rotor that is brought into contact with the frictional surface of the vibration element,

wherein when a plurality of driving signals that are different in phase are applied to the electromechanical energy conversion element, the vibration element excites a plurality of bending vibrations which are displaced in a direction orthogonal to an axis of the vibration element to produce a first travelling

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wave at the frictional surface and excites a bending vibration in an out-of-plane direction of the third elastic member to produce a second travelling wave at the frictional surface.

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13. A vibration wave driving apparatus according to claim 12, wherein the electro-mechanical energy conversion element is disposed on an opposite side to the first elastic member with the third elastic member interposed therebetween.

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14. A vibration wave driving apparatus according to claim 8, wherein a center portion in the axial direction of the third elastic member does not coincide with a center of an anti-node of the bending vibrations which are displaced in a direction orthogonal to the axial direction of the vibration element.

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15. A vibration wave driving apparatus according to claim 11, wherein a center portion in the axial direction of the third elastic member does not coincide with a center of an anti-node of the bending vibrations which are displaced in a direction orthogonal to the axial direction of the vibration element.

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16. A vibration wave driving apparatus according to claim 12, wherein a center portion in the axial

direction of the third elastic member does not coincide with a center of an anti-node of the bending vibrations which are displaced in a direction orthogonal to the axial direction of the vibration element.

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17. A vibration wave driving apparatus according to claim 8, wherein the first elastic member and the third elastic member are formed integrally.

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18. A vibration wave driving apparatus according to claim 10, wherein the first elastic member and the third elastic member are formed integrally.

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19. A vibration wave driving apparatus according to claim 11, wherein the first elastic member and the third elastic member are formed integrally.

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20. A vibration wave driving apparatus according to claim 12, wherein the first elastic member and the third elastic member are formed integrally.

21. A vibration wave driving apparatus according

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22. A vibration wave driving apparatus according to claim 10, wherein at least one of end portions of

to claim 8, wherein at least one of end portions of the

vibration element has an increased diameter.

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the vibration element has an increased diameter.

- 23. A vibration wave driving apparatus according to claim 11, wherein at least one of end portions of the vibration element has an increased diameter.
- 24. A vibration wave driving apparatus according to claim 12, wherein at least one of end portions of the vibration element has an increased diameter.

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25. A vibration wave driving apparatus according to claim 8, wherein the third elastic member includes a thinner portion than a portion at which the frictional surface is located, on an inner peripheral side with respect to the frictional surface.

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- 26. A vibration wave driving apparatus according to claim 10, wherein the third elastic member includes a thinner portion than a portion at which the frictional surface is located, on an inner peripheral side with respect to the frictional surface.
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to claim 11, wherein the third elastic member includes a thinner portion than a portion at which the frictional surface is located, on an inner peripheral side with respect to the frictional surface.

A vibration wave driving apparatus according

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- 28. A vibration wave driving apparatus according to claim 12, wherein the third elastic member includes a thinner portion than a portion at which the frictional surface is located, on an inner peripheral side with respect to the frictional surface.
- 29. A vibration wave driving apparatus according to claim 8, wherein the vibration element further includes another electro-mechanical energy conversion element that is fixed to the third elastic member.
- 30. A vibration wave driving apparatus according to claim 10, wherein the vibration element further includes another electro-mechanical energy conversion element that is fixed to the third elastic member.
- 31. A vibration wave driving apparatus according to claim 11, wherein the vibration element further includes another electro-mechanical energy conversion element that is fixed to the third elastic member.
- 32. A vibration wave driving apparatus according to claim 12, wherein the vibration element further includes another electro-mechanical energy conversion element that is fixed to the third elastic member.

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